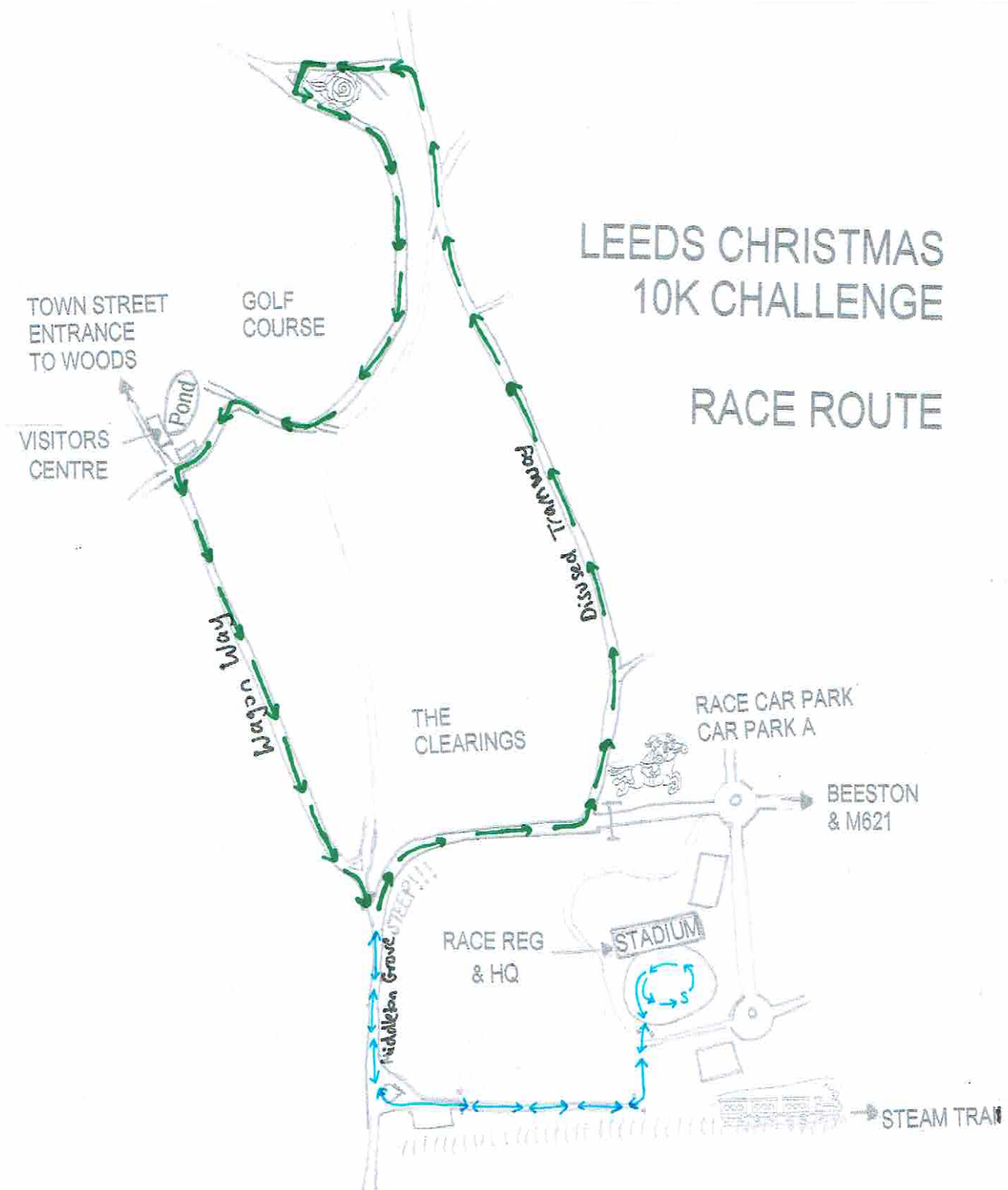


LEEDS CHRISTMAS 10K CHALLENGE

RACE ROUTE



Start on the track at the S, completing 700m before leaving the stadium, to cross car park and take path adjacent to train track. Cross rugby pitch and platform before taking a right turn onto Middleton Grove.

2 x Woodland loops

Follow Middleton Grove up a steep bend to the right, before heading left onto the disused tramway just before the red gate. Follow this path past two information stones before taking a sharp left. Beware - it's a short sharp hill (well it is called 10k challenge). At the top, bare right onto the main park road, then after 50m turn left and then left again to head around the back of the Rose Garden. After passing the Rose Garden continue straight onto the woodland path keeping the golf course to your right. Following the signs to the visitors centre, bare left to pass the bandstand on your right. Then take a sharp left onto the Wagon Way. Head all the way down to the bottom (finally downhill!), take a right after the grass triangle, head through the balloon gate and turn left for your second woodland loop.

When you return to the balloon gate for the second time, go right on Middleton Grove and then left to cross the platform. Back across the rugby pitch now with the train track on your right, cross the car park to reenter the stadium and just 250m to finish in front of the stands. Hooray ☺